

Mother-daughter team help families care for seniors

By Joan Durbin

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A Roswell mother and daughter duo, Sharon Morgenstern and Sarah Chambers have formed a business offering aid to families struggling to care for elderly relatives.



Staff / Erin Gray From left, Roswell mother-daughter team, Sarah Chambers and Sharon Morgenstern, look over resumes from CNA's from their home office for their business Home Helpers which provides assistance to elderly citizens.

Owners of Home Helpers of Roswell, the pair are drawing on their own personal experience to ensure that others won't have to go through what they did.

Eight years ago, Morgenstern's 81-year-old mother in Florida broke her hip and needed ongoing care and rehabilitation. "I took an extended leave of absence from work and went down there, but every time I turned around I couldn't find anyone to help me or Ultimately, her mother was admitted to an assisted living facility, "and everything went downhill from there," Morgenstern said. With her daughter having to go back to her job in Georgia, the elderly woman had little or no personal contact and did not have the overall support and quality of care. She died within three months of being placed in the facility.

"I have since found out, although I didn't know then, how important it is for people like her to retain their independence and stay in their own homes, where they feel comfortable and safe," Morgenstern said. "Taking that all away from her was totally the wrong thing to do."

Last month, she and Chambers started a branch of a national company that specializes in non-medical personal home care and companionship services. They offer free in-home consultations and work with clients individually to tailor flexible care plans to meet their specific needs and budgets.

Services offered include companionship, meal preparation, light housekeeping, local transportation, dressing assistance, personal grooming/bathing and medication reminders.

Chambers has eight years of management experience and Morgenstern has owned her own wholesale business.

They have a close mother-daughter relationship and don't foresee any difficulties in working together.

"We fuss at each other and get miffed at each other, but it never lasts very long," Chambers said.

To contact them at Home Helpers, call (770) 330-4813 or email homehelpersnorthatlanta@yahoo.com.