



# Home Helpers' "Memory Books" Honors Seniors by Preserving Their Stories

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MEDIA, Pa. – (BUSINESS WIRE) – Elderly clients of The Home Helpers of Delaware Valley are feeling very special. Caregiver Melanie Arnold has been creating “Memory Books” for several, all over the age of 80 years. The books consist of original photographs of seniors in Home Helpers’ care, taken by Arnold, also a professional photographer. The books include commentary about the subject’s life, loved ones, and things that bring them happiness.

The first book began as a holiday gift for 93 year-old former dancer Mae Doubet. When Mae’s son asked for copies, Melanie transferred the contents into PDF format, and is converting it to PowerPoint.

Home Helpers got behind the idea 100 percent, since the book was a heartfelt testament to the close relationship between Mae and Melanie. It provided peace of mind to Mae’s family (usually the people who hire Home Helpers on behalf of a loved one). Home Helpers asked Melanie to do additional books. Next was Bernadette Drewniany of Hershey’s Mill, PA, an 88 year-old with Alzheimer’s. This book helped Bernadette recall cherished memories with husband Eddie, 90, who still lives with her. Melanie is now working on a third book.

“I love the elderly,” said Melanie. “The books are a way to make them feel valued, like their lives matter and somebody cares.”

This kind of compassionate caregiver is part of Home Helpers’ mission. “When we heard about Melanie’s books, we were thrilled,” said John Squires, president, Home Helpers Media office. “It’s the perfect example of a great client/caregiver relationship.” Home Helpers of the Delaware Valley consists of agencies in Drexel Hill, Hellertown, Lansdale, Downingtown, Media, Newtown, and Philadelphia.

## **About Home Helpers**

Home Helpers is the region’s premier provider of personal care, homemaker and companionship services for seniors, people coping with a lifelong illness or disability, and those recuperating from a recent surgery or hospitalization. The company is committed to helping its clients live healthier, happier and more rewarding lives in the privacy, safety and comfort of their own homes. Home Helpers’ customized flexible, affordable Home Total Care Plan™ provides a proactive, not a reactive, program for families. Call us at (877) 464-9090 or visit us on the web at

[www.HomeHelpersPhilly.com](http://www.HomeHelpersPhilly.com).

For **Melanie Arnold**, visit [www.imagesbymelanie.com](http://www.imagesbymelanie.com).

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